

THE HOMOEOPATHIC HERITAGE

Bringing Classical and Contemporary Homoeopathy Together

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The HOMOEOPATHIC HERITAGE Turns

50 years

PEER REVIEWED



Homoeopathy for Behavioral Issues in Children

- Tourette syndrome : An impact of neurodevelopmental impairment
- Unlocking the Potential: A Promising Approach for Addressing Behavioral Problems in Children

Dear Readers,

According to the World Health Organization, “One in six people are aged 10–19 years. Globally, it is estimated that 1 in 7 (14%) 10–19 year-olds experience mental health conditions, yet these remain largely unrecognized and untreated. Behavioural disorders are more common among younger adolescents than older adolescents. This issue of The Homoeopathic Heritage aims to highlight the rising incidence of behavioral problems in children who are our future and simultaneously to bring forth the efficacy of homoeopathy in their treatment or management.

Have you noticed that you have been encountering words like Autism, Attention Deficit, Bipolar, Hyperactive, Defiant behaviour, Impulsivity and anger issues, etc more often lately- reading them in magazines, newspaper articles, news pieces, etc and simultaneously the emergence and sprawling of cognitive behavioral therapy centers, counselling centers, family therapies, parental sessions etc.

According to the World Health Organization, “One in six people are aged 10–19 years. Globally, it is estimated that 1 in 7 (14%) 10–19 year-olds experience mental health conditions, yet these remain largely unrecognized and untreated. Behavioural disorders are more common among younger adolescents than older adolescents. Attention deficit hyperactivity disorder (ADHD), characterized by difficulty paying attention, excessive activity and acting without regard to consequences, occurs among 3.1% of 10–14-year-olds and 2.4% of 15–19-year-olds. Conduct disorder (involving symptoms of destructive or challenging behaviour) occurs among 3.6% of 10–14-year-olds and 2.4% of 15–19-year-olds. Behavioural disorders can affect adolescents’ education and conduct disorder may result in criminal behaviour. Adolescents with mental health conditions are particularly vulnerable to social exclusion, discrimination, stigma (affecting readiness to seek help), educational difficulties, risk-taking behaviours, physical ill-health and human rights violations”.

While the causes for these issues are many and vary from case to case, the reasons behind the escalation of behavioral problems in children seem to be more environmental than biological.

When we talk about the role of homeopathy in altering behavior patterns, we must acknowledge

the existence of constitutional medicine- a concept extremely unique to homoeopathy. The deep acting constitutional medicines act on the temperamental zone of the patient altering not just the apparent behavior but also the thinking and perception of the child.

Besides these, there are metals which show an immensely powerful action on human behavior. According to Dr Bob Lecridge, MBChB FFHom, a former GP & a specialist in Homeopathic medicine, the author of *Homeopathy in Primary Care*, “The child who needs homeopathic aluminium is a confused child, who lashes out because of violent impulsiveness. These outbursts really surprise people because normally the Alumina child is quiet and gentle. The Ferrum child has a will of iron. This can result in them being both bossy and intolerant to contradiction. They have a tendency to be physically robust or a bit overweight and their bossiness means they always want to be in charge. These are often very self-confident children, the leaders in the class, not the followers. They are typically hard workers who will really stick at things but they suffer from a certain lack of flexibility or adaptability. Homeopathic zinc is most commonly indicated for the constantly restless child. These are the greatest of fidgets”.

Quick Word on Issue Content

This issue of The Homoeopathic Heritage titled ‘Homoeopathy for Behavioral Issues in Children’ aims to highlight the rising incidence of behavioral problems in children who are our future and simultaneously to bring forth the efficacy of homoeopathy in their treatment or management. This issue presents a number of articles and cases documented by homeopaths wherein they have dealt with a variety of behavioral issues with homeopathic medicines. Secondly, this issue

also brings to light the ability of homeopathic medicines to alter thought processes, mental make up and thus the behavior pattern of human beings. This has been beautifully explained by the experienced pen of Dr Sunita B. Nikumbh, HOD, Psychiatry, Dr. M. L. Dhawale Memorial Homoeopathic Institute, Palghar, in her article titled 'Behavioural Disorders: Challenges to homoeopathy and Homoeopath' published in 'From the Editor's Desk' section of the journal. The Stalwarts' Expedition section authored by Dr. Subhas Singh, Director, National Institute of Homoeopathy, Kolkata narrates the biography of Dr. T. F. Allen in this issue.

Besides all these sections, subjective articles, research and case reports, this issue features a

column by the name of 'In Italics' which reads the contrasts between Dr Hahnemann and Dr J. T. Kent's views on homoeopathic posology penned by the very well known figure Dr Sumit Goel. The issue concludes with Dr Vaibhav Jain's review of the book Allens Keynotes - Rearranged and Classified with Leading Remedies of the Materia Medica and Bowel Nosodes authored by H C Allen. Dr Vaibhav Jain is the founder of Asha Homeopathic Academy, Agrohomoepathy project, and Homeopathy junction.

Dr Rashmi Prakash

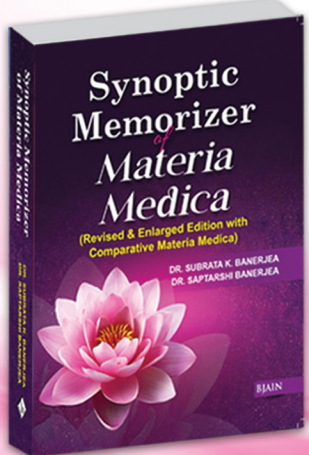
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Note: The Homoeopathic Heritage is a peer-reviewed journal since January 2013. All articles are peer-reviewed by the in-house editorial team. Articles selected from each issue are sent for peer-review by an external board of reviewers and marked with a 'peer-reviewed' stamp. For inclusion of articles in the peer-review section, kindly send your articles 3-4 months in advance of the said month at hheditor@bjain.com.

Call for papers for the upcoming issues:

Unbolt Yourself		
Issue	Topic	Date
May 2024	Imponderabilia: The Practice Utility	March 15, 2023
June 2024	Antidoting the First Prescription: When & Why did you Do it?	April 15, 2024
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